

48TH ANNUAL MELVIN L COHEN, MD PEDIATRIC UPDATE 2025

	Monday March 3rd:	
7:30-8:15 AM OPTION 1	IN PERSON BREAKFAST WORKSHOP "Current approaches towards Diagnosis & Management of Food Allergies" (David Stukus, MD)	□ .75
	Utilize the clinical history to determine whether food allergy testing is appropriate	
	Interpret food allergy test results in the proper context	
	Treat each patient in an individualized manner	
7:30-8:15 AM	IN PERSON BREAKFAST WORKSHOP	□.75
OPTION 2	"Back to Basics: What a pediatric dermatologist wants you to know" (Elizabeth Dupuy, MD)	
	Understand the basic management strategies for common pediatric dermatologic complaints	
	• Identify special circumstances that may warrant expedited evaluation and alternative management of pediatric skin conditions	
8:15-8:30 AM: B	REAK	
8:30-8:40 AM: IN	TRODUCTION	
8:40-9:20 AM	"Slipping Rib Syndrome" (Lisa McMahon, MD)	□ .67
	• Understand the physical exam findings in slipping rib syndrome, as well as the diagnostic study used to aid in the diagnosis	
	Understand the different treatment options for patients with slipping rib syndrome	
9:20-10:00 AM	"An Allergist's approach towards Asthma" (David Stukus, MD)	□ .67
	Identify ways to phenotype each patient with asthma	
	Clarify the diagnosis of allergic rhinitis prior to recommending interventions	
	Provide individualized care to each patient with asthma and allergic rhinitis	
10:00-10:20 AM:		
10.20 11.50 434	"A Multidisciplinary Approach to Eating Disorders Seminar"	□ 1.50
10:20-11:50 AM	Stephanie Conrad, DO Stacy Halverson, PhD	
	Elizabeth Collyer, MD	
	Discuss the types of eating disorders and their medical presentations	
	Discuss the medical management of eating disorders	
	Discuss the psychological and psychiatric management/treatment of eating disorders in pediatric patients	
11:50-12:20 PM	Q&A Session -	□ .50
	Stephanie Conrad, DO	
	Stacy Halverson, PhD	
	Elizabeth Collyer, MD	

7:30-8:15 AM	IN PERSON BREAKFAST WORKSHOP	□.75
OPTION 1	"Building Brave Families to Address Early Childhood Anxiety"	
	Elizabeth Chawla, MD	
	Understand how parent-child dynamics can effect anxiety in early childhood	
	Review evidence-based strategies for teaching and supporting parent-led early childhood CBT techniques	
7:30-8:15 AM	IN PERSON BREAKFAST WORKSHOP	□.75
OPTION 2	"Current approaches towards Diagnosis & Management of Food Allergies"	
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8:15-8:30 AM: B	Treat each patient in an individualized manner PEAK	
	NTRODUCTION	
8:40-9:20 AM	"5 Neurological Disorders You Do Not Want To Miss"	□.6
0.40-7.20 AM	Neil Friedman, MD	ە. ت
	• To review common medical problems presenting to a pediatrician's office that should raise concern for an important underlying	
	neurological disorder	
	To increase awareness of the neurological associations of select pediatric medical disorders requiring urgent interventions	
9:20-10:00 AM	"The Evolving Paradigm of Drug Allergies"	□.67
	David Stukus, MD	
	Ask questions to assess for suspected penicillin allergy	
	Utilize graded dose challenges to delabel drug allergies	
	Prescribe non-cross reactive antibiotics for patients with suspected penicillin allergy	
10:00-10:20 AM:	BREAK	
10:20-11:00 AM	"It's Just A Cough" (Sophia Williams, MD)	□ .6′
	Recognize the common etiologies of chronic cough	
	Understand the current approaches to managing chronic cough	
11:00-11:40 AM	"The role of bariatric surgery in adolescents with special needs" (Jason Fraser, MD)	□.6
	Describe the health effects of untreated obesity in adolescents	
	Explain the safety profile of bariatric surgery in adolescents	
	Associate the outcomes of bariatric surgery in adolescents with and without special needs	
11:40-12:20 PM	"ADHD Meds: New Kids on the Block" (Elizabeth Chawla, MD)	□.6
	Review new formulations and classes of medications approved to treat ADHD in children within the last 5 years	

	Wednesday, March 5 th :	
7:30-8:15 AM OPTION 1	 IN PERSON BREAKFAST WORKSHOP "Back to Basics: What a pediatric dermatologist wants you to know" (Elizabeth Dupuy, MD) Understand the basic management strategies for common pediatric dermatologic complaints Identify special circumstances that may warrant expedited evaluation and alternative management of pediatric skin conditions 	.75
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8:15-8:30 AM: B	 REAK	
8:30-8:40 AM: IN	NTRODUCTION	
8:40-9:20 AM	 "Beyond Meds: Supporting Patients and Families with ADHD" (Elizabeth Chawla, MD) Understand different therapies, resources, & wrap-around services available as part of a care plan to support pediatric patients with ADHD 	□ .6′
9:20-10:00 AM	Overview of HIV for the Pediatric Primary Care Provider (Matilda Ogundare, MD) Review epidemiology and current status of pediatric HIV in the USA Discuss treatment, challenges and future direction of pediatric HIV care in the USA	□ .6′
10:00-10:20 AM:	BREAK	
10:20-11:20 AM	 "Clinical Communication Greatest Hits: How to Not Confuse Our Patients (or Each Other)" (Micheal Pitt, MD) Recognize common sources of confusion during clinical conversations Implement simple swaps to increase clarity in both written and verbal communication Practice approaches of incorporating empathy in clinical communication 	1. 0
11:20-12:20 PM	 "Screen Safety Essentials: Prevention, Identification, and Treatment of Digital Injuries" (Tracy Bennett, PhD) Recognize 3 benefits of child and teen screen use based on brain development and research. Recognize 5 risks of child and teen screen use based on brain development and research. Offer 3 best-practice strategies to encourage an ongoing screen-safety and digital citizenship dialogue. Apply 3 cognitive-behavioral coping strategies for overall psychological wellness. 	1 .0

	Thursday, March 6 th :	
7:30-8:15AM IN	PERSON BREAKFAST WORKSHOP	□ .75
	Risk Stratification For Subclinical Pediatric Dyslipidemia" (Damon Dixon, MD)	
•	Understanding Pediatric Dyslipidemia Subclinical State	
•	Implementation of Lipid Biomarkers for Pediatric Dyslipidemia Management	
	Distinguish the difference between "Genetic Dyslipidemia" & "Atherogenic Dyslipidemia"	
7:30-8:15AM IN	PERSON BREAKFAST WORKSHOP	□ .75
OPTION 2 "A	AI As Admin - Practical and Ethical Approaches to Using ChatGPT as a Pediatrician" (Michael Pitt, MD)	
•	Describe the basics of generative artificial intelligence tools and their potential use in pediatrics	
•	Discuss ethical implications of using generative AI	
•	Demonstrate using generative AI for several time saving tasks in pediatrics	
8:15-8:30 AM: BREA		
8:30-8:40 AM: INTR	ODUCTION	
8:40-9:20 AM "Y	Youth Athletics: An Endemic of Multidiscipline Pathology" (Leah Brown, MD)	□ .67
•	Benefits of Youth sports participation	
•	Evolution of sports from recreational to early specialization	
•	Rise of overuse injuries, burnout and career ending injuries	
•	Family dynamic challenges	
•	Financial Implications: Profit over Purpose	
•	"The College Scholarship"	
9:20-10:00 AM ("C	Outpatient Antibiotic Stewardship: Managing Common Infections in the Ambulatory Setting" (Rana El Feghaly, MD)	□ .67
•	Recognize drugs of choice for common infections encountered in the outpatient setting	
•	Develop strategies to improve antibiotic use in the outpatient setting	
•	Identify available resources for improving antibiotic use in your practice	
10-10:20AM: BREAK		
10:20-11:00 AM "T	Tongue and Lip Tie: Facts and Fiction: Update 2025" (Mark Gerber, MD)	□ .67
•	Understand the anatomy of the region, epidemiology, appropriate diagnostics, decision making & treatment recommendations for	
	infants with tongue tie & other oral tethers	
11:00-11:40 AM "C	Challenging Cases in Pediatric Infectious Diseases" (Rana El Feghaly, MD)	□ .67
•	Formulate a differential diagnosis for patients presenting with various clinical manifestations	
	Work-up and manage a child with challenging infections	
•	Identify severe complications of certain common infections	
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11:40-12:20 PM "N	Magic 3.0: More Ways to Bring Magic into Pediatrics" (Michael Pitt, MD)	□ .67
•	Discuss the similarities of magic and medicine within pediatrics	
•	Incorporate approaches used by magicians formillinea for improving rapport and diagnostic yield	
•	Learn several (new) magic tricks that can be used with pediatric patients	
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