

Pain Medicine Grand Rounds 2026

Intrathecal & Epidural Medication Management

September 29, 2026 – 12:00 PM
Tucson

Overall Activity Objectives:

- 1 Perform psychological evaluation of pain patients.
- 2 Assess and manage functional status in pain patients.
- 3 Diagnose common chronic pain problems.
- 4 Identify appropriate patients for non-opioid and interventional therapies for chronic pain.
- 5 Offer more alternative medicine techniques and suggest supplements that may help with chronic pain.
- 6 Prescribe new pain medications with a better understating of drug-drug interactions.
- 7 Identify rheumatologic processes that have an effect on pain, and refer to rheumatology when appropriate.
- 8 Manage long-term pain medications, particularly opioids, when appropriate.
- 9 Utilize referral and ancillary care providers in treating chronic pain.
- 10 Conduct peer-to-peer discussions about pain patients with medical directors.
- 11 Communicate pain management principles with practitioners in other fields of medicine.

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Janalee Gordon, MD	Faculty	Nothing to disclose - 08/31/2026
Mohab Ibrahim, MD, PhD	Activity Director	Ownership-Luxxon Therapeutics (Relationship has ended) Ownership-Verdi TRX - 08/31/2026



THE UNIVERSITY OF ARIZONA

College of Medicine

Tucson