

# PAETC AZ Webinar Series 2026

## Behavioral and Systemic Strategies for Improving Treatment Adherence for People with HIV

March 12, 2026 – 12:00 PM

Online

### Overall Activity Objectives:

- 1 Describe current trends in HIV epidemiology and prevention, including disparities affecting populations disproportionately impacted by HIV, STIs, and Hepatitis C.
- 2 Utilize current clinical guidelines for HIV prevention and treatment, including the appropriate use of PrEP and PEP.
- 3 Employ routine HIV, STI, and Hepatitis C screening and early diagnosis in clinical practice.
- 4 Identify strategies to integrate HIV care with STI and Hepatitis C prevention and treatment services.
- 5 Apply culturally-responsive, stigma-informed approaches to improve patient engagement, prevention uptake, and linkage to care across diverse populations.

### Session Objectives:

- 1 Evaluate key principles of adherence to optimize patient-centered HIV treatment outcomes.
- 2 Identify barriers and facilitators to adherence from a strengths-based lens.
- 3 Apply evidence-based frameworks and tools to help improve adherence.
- 4 Identify and apply at least two strategies to improve client adherence to HIV care and treatment.

### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Danielle Avila, MD	Activity Director	Nothing to disclose - 10/13/2025
Alyssa Guido, MPH	Planning Committee Member	Nothing to disclose - 12/15/2025
William Hua, PhD	Faculty	Nothing to disclose - 02/06/2026



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