



Family, Community, & Preventive Medicine Grand Rounds

Cardiometabolic Effects of Hormone Therapy

March 17th, 2026 - 12:30pm – 1:30pm

Family Clinic Conference Room

1300 North 12th Street, Suite 605, Phoenix, AZ 85006

or

[Teams Meeting Link](#) Meeting ID: 242 806 485 753 1 Passcode: VG9EK97N



Kari Stauss, MD

Kari Stauss is a PGY3 family medicine resident at BUMCP. She earned both her bachelor's and master's degrees in biomedical engineering and went on to complete her medical degree at Creighton University. Her academic interests include evidence-based medicine, reproductive care and women's health. Outside of medicine, she enjoys traveling, hiking and getting lost in a good book.

Learning Objectives:

1. Describe the most common cardiovascular risks of hormone therapy.
2. Differentiate the cardiovascular risk profiles of oral versus transdermal estrogen.
3. Apply the timing hypothesis as an aid when considering initiating hormone therapy.
4. Explain the effect of hormone therapy on glycemic control in postmenopausal women with type 2 diabetes.

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and University of Arizona College of Medicine - Phoenix. The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Name of Individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Viktoria Lesya Krajnc, MD	Activity Director	Nothing to disclose 10/28/2025
Kari Stauss, MD	Lecturer	Nothing to disclose 02/28/2026

CME provided by The University of Arizona College of Medicine – Tucson

*Participants must sign in and be present for the full hour to receive **1.0** AMA PRA Category 1 Credit(s)[™]*

No partial credit will be awarded.

Questions can be directed to Viktoria Krajnc, MD at viktoria.krajnc@bannerhealth.com.