

## Behavioral Sleep Medicine Seminar Series 2025 - 2026

CME provided by the University of Arizona College of Medicine – Tucson

# #BSMinar



### “PAP Works — If Patients Use It: Understanding and Improving Adherence”

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As a result of this presentation, participants will:

1. Describe predictors and mechanisms of PAP non-adherence identified in the sleep medicine literature.
2. Identify patient-, partner-, and sociodemographic factors that influence PAP adherence.
3. Apply behavioral sleep medicine strategies to improve PAP adherence in clinical practice.

Thursday March 26, 2026, at 9 AM MST & PT | 12 PM EST

Live webinar via Zoom <https://arizona.zoom.us/j/89434631440> | Meeting ID 894 3463 1440

For digital attendance, text code to (866) 327-3062 or submit online by logging in your account ([uarizona.cloud-cme.com](http://uarizona.cloud-cme.com)).

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