

# Anesthesiology Critical Care Grand Rounds 2026

## Moral Distress in Critical Care

August 20, 2026 – 3:30 PM

### Overall Activity Objectives:

- 1 Interpret cardiovascular monitoring devices effectively, especially in the setting of advanced respiratory failure
- 2 Utilize pressors and inotropes in advanced heart failure
- 3 Utilize volume status management in mixed shock states
- 4 Interpret readings from hemodynamic monitors and evaluate mixed shock states
- 5 Manage emergent hemodynamic and other cardiovascular emergencies
- 6 Utilize and manage mechanical cardiovascular support devices
- 7 Manage ventilators for severe hypoxia and hypercarbia
- 8 Employ nontraditional mechanical ventilation strategies as appropriate
- 9 Manage encephalopathy and altered mental states

### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|--------------------|-------------------------------|-----------------------------------------------------------|
| Ryan Matika, MD    | Activity Director, Faculty    | Nothing to disclose - 12/03/2025                          |



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