

# SAVAHCS Addiction Medicine CME Series

## 2026

### A Tour Through Recreational Sedation

February 12, 2026 – 12:00 PM

Online

#### Overall Activity Objectives:

- 1 Increase access to life saving medications by increasing knowledge and understanding, which can increase safe prescribing.
- 2 Increase prescribing of harm reduction modalities, such as naloxone and safe syringes.
- 3 Decrease patient stigma by utilizing appropriate language regarding controlled substances and their use.
- 4 Utilize a variety of treatment modalities substance use disorders in addition to prescribed medications.
- 5 Counsel patients on the consequences of certain substance use disorders, such as acquiring HIV.

#### Session Objectives:

- 1 Become familiar with GHB, chloral hydrate, nitrous oxide
- 2 Introduce novel sedatives such as xylazine, medetomidine and nitazenes
- 3 Review the utility of urine drug screening with these intoxications

#### Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Southern Arizona Veteran's Administration Health Care System. The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Elisa Gumm, DO	Activity Director	Nothing to disclose - 11/06/2025
Cynthia Koh, MD	Faculty	Nothing to disclose - 02/04/2026



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