

Endocrinology, Diabetes & Metabolism

Didactic Series 2026

Case Reports and Board Review

January 13, 2026 – 1:00 PM

Overall Activity Objectives:

- 1 Incorporate into practice current guidelines for diagnosis and treatment of diabetes and endocrine disorders
- 2 Evaluate the typical clinical features of common or rare endocrine diseases
- 3 Identify at-risk patients who should be screened for endocrine conditions
- 4 Select appropriate diagnostic tests for patients with possible endocrine disorders, based on published clinical guidelines and other current research findings.
- 5 Choose evidence-based, cost-effective therapeutic options for patients with endocrine disorders
- 6 List common causes or risk factors for diabetes, endocrine, and metabolic disorders and choose appropriate strategies of therapy

Session Objectives:

- 1 Discuss current guidelines for diagnosis and treatment of diabetes and endocrine disorders encountered in clinical practice.
- 2 Choose evidence-based, cost-effective therapeutic options for patients with endocrine disorders.
- 3 Select appropriate diagnostic tests for patients with possible endocrine disorders, based on published clinical guidelines and other current research findings.
- 4 Evaluate the typical clinical features of common or rare endocrine diseases
- 5 Identify at-risk patients who should be screened for endocrine conditions
- 6 List common causes or risk factors for diabetes, endocrine, and metabolic disorders and choose appropriate strategies of therapy

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Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Sinan Abdul Wahab, MD	Faculty	Nothing to disclose - 07/30/2025

Cem Dikengil, MD	Faculty	Nothing to disclose - 02/17/2025
Valerie Martinez Vargas, MD	Faculty	Nothing to disclose - 03/01/2025
Sara A Penquite, MD	Planning Committee Member	Nothing to disclose - 10/22/2025
Casey Rendon, MD	Co-Director	Paid consultant-Neurocrine Biosciences - 11/07/2025
Saqib Shami, MD	Faculty	Nothing to disclose - 02/18/2025
Sarah Tariq, MD	Activity Director	Nothing to disclose - 11/03/2025
Kevin Woodhams, DO	Faculty	Nothing to disclose - 02/21/2025



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