

# FCM Grand Rounds 2026

## The Impact of Social Isolation on Health and Community Support

February 12, 2026 – 1:00 PM

Online

### Overall Activity Objectives:

- 1 Employ evidence-based practices, as well as the latest medical advancements and diagnostic tools.
- 2 Demonstrate cultural competence when communicating with patients.
- 3 Diagnose patients avoiding unnecessary testing and procedures.
- 4 Treat patients utilizing best practices on pain management.
- 5 Treat patients with disabilities confidently and with sensitivity.
- 6 Refer patients to ongoing clinical research studies as appropriate.
- 7 Communicate the evidence behind recommendations to patients, families, and other healthcare professionals.

### Session Objectives:

- 1 Demonstrate cultural competence when communicating with patients.
- 2 Treat patients utilizing best practices on pain management.
- 3 Communicate the evidence behind recommendations to patients, families, and other healthcare professionals.

### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Alejandra Zapien Hidalgo, MD	Activity Director, Faculty	Nothing to disclose - 09/29/2025



THE UNIVERSITY OF ARIZONA

# College of Medicine

Tucson