



# Psychiatry Grand Rounds

## Wed, June 3 @ Noon - 1 p.m.

### Kratom and 7-OH: Natural Doesn't Mean Safe

Online via Zoom & Stream

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#### Learning Objectives:

1. Describe the differences between kratom and the semi-synthetic kratom derivatives 7-hydroxymitragynine (7-OH) and mitragynine pseudoindoxyl (MP).
2. Examine the clinical effects of kratom and semi-synthetic derivatives including acute intoxication and withdrawal.
3. Discuss kratom's addiction potential and the challenges of treating kratom use disorder in the clinical setting.
4. Review the current literature and existing recommendations for management of kratom use disorder.



*The educational objective for Psychiatry Grand Rounds is to provide mental health professionals with updates on psychiatric topics with the goals of increasing knowledge, competence, and patient care. Psychiatry Grand Rounds are held on Wednesdays (September-May) from 12 to 1 p.m.*

#### Accessibility for All:

We are happy to help make these presentations accessible to all! If you need an accessibility accommodation, such as a sign language interpreter, please reach out to Jamie at [jlmanser@arizona.edu](mailto:jlmanser@arizona.edu) or 520-874-4148. We kindly ask for notification as early as possible to ensure we can best assist. Thank you for your interest in our presentations.

#### Accreditation Statement:

The University of Arizona College of Medicine – Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Relevant Financial Relationships Statement(s):

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Derek Paul, MD	Planning Committee Member	Nothing to disclose - 10/24/2025
Giuliano Scaini, DO	Presenter	Nothing to disclose - 04/27/2026