

Arizona Psychiatry Access Line (APAL)

Grand Round Series 2026

APAL Grand Rounds: Infant and Early Childhood Mental Health: Considerations for Primary Care

October 16, 2026 – 12:00 PM

Online

Overall Activity Objectives:

- 1 Initiate treatment for psychiatric concerns in perinatal and pediatric populations.
- 2 Appropriately screen and diagnose psychiatric illness in pediatric and perinatal populations.
- 3 Utilize available resources and referrals to support perinatal and pediatric populations.

Session Objectives:

- 1 Define Infant and Early Childhood Mental Health and learn how it applies to families served.
- 2 Describe common indicators of healthy and concerning caregiver-child interactions.
- 3 Identify potential signs that intervention is needed and strategies to address concerns and support strengths using case-based examples.

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kathryn Emerick, MD	Activity Director	Nothing to disclose - 07/09/2026
Jacquelin Esque, MD	Co-Director	Nothing to disclose - 02/03/2026
Saira Kalia, MD	Planning Committee Member	Nothing to disclose - 02/04/2026
Cathleen M Phelan, LCSW, IMH-E(R), PMH-C	Faculty	Nothing to disclose - 09/28/2026



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