

Advances in Aging Research Lecture Series 2026

Advances in Aging Research Lecture Series 2026 - 3/9/2026

March 9, 2026 – 12:00 PM

Online

Overall Activity Objectives:

- 1 Utilize evidence-based geriatric principles of care in interprofessional health prevention and promotion activities with their older patients.
- 2 Manage common and complex age-related conditions and geriatric syndromes in their older patients.
- 3 Employ geriatric principles of inter professional team-based care to optimize communications with older patients, including assessment of patient's goals, values and preference.
- 4 Utilize community-based resources to improve the health and well being of older adults.
- 5 Provide the Age-Friendly Health System framework and 4Ms (what matters, mobility, medications and mentation) to improve the health outcomes of older adults

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|------------------------|-------------------------------|---|
| Joy Bulger Beck, MD | Faculty | Nothing to disclose - 12/09/2025 |
| Mindy J Fain, MD | Activity Director | Nothing to disclose - 02/02/2026 |
| Lisa O'Neill, MPH, DBH | Planning Committee Member | Nothing to disclose - 10/20/2025 |



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