

Announcement for July 13, 2026 Pediatric Neuroscience Grand Rounds.

The University of Arizona College of Medicine – Tucson



**Phoenix
Children's**



Barrow at Phoenix Children's Neuroscience Grand Rounds

Beyond Pain Scores: A Practical Playbook for Pediatric Pain, Function, and Resilience

Ahmar Husain, MD

Anesthesia Section Vice Chief

Pain Medicine Section Vice Chief

Medical Director, Safety and Quality, Division of Anesthesiology

Medical Director, Liver Transplant Anesthesiology

Phoenix Children's

Learning Objectives

At the conclusion of this activity, participants will be able to:

Recognize common pediatric pain patterns relevant to neurology care, including headache, chronic pain, spasticity-related pain, and procedure-associated pain, using a function-focused rather than score-focused framework.

Select practical opioid-sparing, multimodal pain strategies that combine non-opioid medications, physical and rehabilitative approaches, psychological support, child life interventions, and family-centered coping plans.

Use pain education as a therapeutic intervention by incorporating developmentally appropriate language, anticipatory guidance, and family-facing tools such as the Meg Foundation to reduce fear, improve coping, and support resilience.



Ahmar Husain, MD, is the Anesthesia Section Vice Chief and Medical Director of Liver Transplant Anesthesiology at Phoenix Children's.

He was drawn to Phoenix Children's because of its unique practice environment. Phoenix Children's is one of the few major children's hospitals in the country where families are guaranteed a specially trained pediatric anesthesiologist with their child in the operating room throughout their entire case.

Dr. Husain earned his medical degree from St. George's University School of Medicine in Grenada. He completed a surgical residency at Saint Barnabas Hospital in New Jersey followed by an anesthesiology residency at the University of Texas Medical School at Houston in Texas. He then completed a pediatric anesthesiology fellowship at UPMC Children's Hospital of Pittsburgh in Pennsylvania.

In addition to earning his pediatric anesthesiology board certification through the American Board of Anesthesiology, Dr. Husain is also affiliated with the American Society of Anesthesiology, Society for Pediatric Anesthesia, Society for Pediatric Pain Medicine, and the Arizona Medical Association.

In his practice, Dr. Husain enjoys blending science with empathy to offer the level of care he would want for his own family. He appreciates the opportunity to give back to the community through his work.

**Barrow at Phoenix Children's
Virtual Live Streaming Neuroscience Grand Rounds
Monday's from 7:00 – 8:00 a.m.**

Zoom Information: CNI Grand Rounds
Meeting ID: 993 7837 3233

Join from PC, Mac, iOS or Android:

<https://PhoenixChildrensHospital.zoom.us/j/99378373233?pwd=UXBudHZLemRYK056ZWZvMm8yUzNkUT09>

Or join by phone: (408) 638-0968 (US Toll) or (646) 558-8656 (US Toll)

The Attendance code will be listed in the chat at the beginning of the presentation and every 20 minutes thereafter until the conclusion.

Please text the attendance code to the Grand Rounds Attendance number: (866) 327-3062 or log into the CloudCME website: <http://CME.arizona.edu> and enter the attendance code.

- Please make sure to enter your cell phone number in your profile
- Please note that the attendance code is different each week

Attendance codes are only valid 15 minutes before the activity start time and for 24 hours after the activity end time.

Overall Activity Objectives:

1. 1 Incorporate new abilities and strategies to diagnose, manage and treat the complex neurological pediatric patient using the most relevant, up-to-date clinical information.
- 2 Analyze and apply the latest research, clinical data and American Board of Pediatrics (ABP) and American Board of Psychiatry and Neurology (ABPN) guidelines regarding various pediatric neuroscience disorders
- 3 Implement improvements in pediatric healthcare and safety issues for various pediatric neurological conditions so as to facilitate practice-based learning and systems-based practice.
- 4 Counsel patients and families on short-term and long-term prognoses and treatment options for a variety of neurological conditions in the pediatric population.
- 5 Translate knowledge into practice improvement with the goal of improving outcomes of patients with pediatric neurological and psychiatric disorders.
- 6 Improve patient care outcomes for children with complex neurological conditions by integrating up-to-date information and research to determine the best course of action.

Session Objectives:

- 1 Identify the clinical differences in pediatric neuroimmunological conditions.
- 2 Describe the breadth of diagnostic studies and treatment options in pediatric neuroimmunological conditions.

2. **Accreditation Statement:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Phoenix Children's Hospital The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Ahmar Husain, MD	Faculty	Nothing to disclose - 06/17/2026

Kara S Lewis, MD, FAAN, FAHS, FCNS	Activity Director	Nothing to disclose - 05/26/2026
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