

# Anesthesiology Grand Rounds 2025

## Zambia Trip Update, Low resource Anesthesia

April 2, 2025 – 6:30 AM  
Tucson

### Overall Activity Objectives:

- 1 Evaluate the need for further optimization prior to anesthesia and surgery
- 2 Improve strategies for patient optimization
- 3 Utilize safest anesthetic among available options
- 4 Manage anesthesia in the context of rare diseases, such as malignant hyperthermia
- 5 Implement care based on accepted practice guidelines and standards
- 6 Apply basic principles of engineering and physics to interpret monitors
- 7 Titrate anesthetic agents effectively
- 8 Recognize and address compensated and uncompensated disease

### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.50 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology<sup>™</sup> (MOCA<sup>®</sup>) program, known as MOCA 2.0<sup>®</sup>. Please consult the ABA website, [www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements.

### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Allison L Thoeny, MD, American Society of Anesthesiologists	Activity Director	Nothing to disclose - 12/17/2024
Kristin Swenson, MD	Activity Director	Nothing to disclose - 12/04/2024
Alexa Jaeger, MD	Faculty	Nothing to disclose - 06/11/2024
Alexander Urzua, MD	Faculty	Nothing to disclose - 07/03/2024



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