

Addiction Medicine CME Series 2025

Integrated Treatments for PTSD and Substance Use Disorders

December 11, 2025 – 12:00 PM
Online

Overall Activity Objectives:

- 1 Safely prescribe life saving medications.
- 2 Prescribe harm reduction modalities, such as naloxone and safe syringes, with greater frequency.
- 3 Reduce patient stigma by utilizing appropriate language regarding controlled substances and their use.
- 4 Utilize a variety of treatment modalities substance use disorders in addition to prescribed medications.
- 5 Counsel patients on the consequences of certain substance use disorders, such as acquiring HIV.

Session Objectives:

- 1 Introduce and discuss the prevalence of PTSD/SUD and factors that may be relevant to this comorbidity.
- 2 Introduce the key concepts of an integrated PTSD/SUD treatment model, the Concurrent Treatment of PTSD and Substance Use Disorders using Prolonged Exposure (COPE)
- 3 Identify benefits of utilizing integrated PTSD/SUD treatment across various factors (system-level, provider, and patient).

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Southern Arizona Veteran's Administration Health Care System. The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Brittany Davis, PhD	Faculty	Nothing to disclose - 11/24/2025
elisa gumm, DO	Activity Director	Nothing to disclose - 11/06/2025



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