

Behavioral Sleep Medicine Seminar Series 2024 - 2025

CME provided by the University of Arizona College of Medicine – Tucson

#BSMinar



“The Science of the Sleep EEG Signal, Part 2: Sleep Stages”

Kimberly Cote, MSc, PhD
Professor, Psychology Department
Director, Sleep Research Laboratory
Brock University | Psychology | Neuroscience

As a result of this presentation, participants will:

1. Understand and differentiate EEG patterns associated with different sleep / wake states.
2. Describe features of sleep waveforms and their function.
3. Explain how sleep changes over the night, and with age.

Thursday May 8th, 2025, at 9 AM MST & PT / 12 PM EST

Live webinar via Zoom <https://arizona.zoom.us/j/84906357251> | Meeting ID 849 0635 7251

For digital attendance, text code to (866) 327-3062 or submit online by logging in your account (uarizona.cloud-cme.com).

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