

## Behavioral Sleep Medicine Seminar Series 2024 - 2025

CME provided by the University of Arizona College of Medicine – Tucson

# #BSMinar



### “Autonomic Activity During Sleep and Neural Activations during fear Conditioning and Extinction among Trauma-exposed Individuals”

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As a result of this presentation, participants will:

1. Learn about fear conditioning and extinction protocols as they relate to sleep in anxiety-related disorders
2. Learn about changes in autonomic tone during sleep and their relationships with symptom severity.
3. Learn about alterations of brain activation during extinction learning and memory neural in sleep-compromised conditions.

Thursday February 6<sup>th</sup>, 2025, at 9 AM MST / 8AM PT / 11 AM EST

Live webinar via Zoom <https://arizona.zoom.us/j/82308325092> | Meeting ID 823 0832 5092

For digital attendance, text code to (866) 327-3062 or submit online by logging in your account ([uarizona.cloud-cme.com](http://uarizona.cloud-cme.com)).

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