

# Psychiatry Grand Rounds 2025

## Psychiatry Grand Rounds: Stanford Neuromodulation Therapy

March 5, 2025 – 12:00 PM  
Online

### Overall Activity Objectives:

- 1 Implement psychiatric differential diagnoses using the criteria of DSM-5 and NIMH RDoC Criteria.
- 2 Employ the DSM-5 diagnosis as a starting point, then individualize treatment planning.
- 3 Refer patients with depression for neurotherapeutic procedures.
- 4 Administer CBT to patients whose anxiety and depression have strong situational elements.
- 5 Identify risks for suicidal behavior and employ suicide risk mitigation strategies.
- 6 Diagnose psychodynamic issues contributing to a patient's distress.
- 7 Detect and correct maladaptive patterns of behavior.

### Session Objectives:

- 1 To appreciate the rationale behind the TMS reinvention called Stanford Neuromodulation Therapy (SNT).
- 2 To review key clinical results and scientific findings from the application of SNT to Major Depressive Disorder (MDD).
- 3 Describe other potential indications for SNT as well as current and future directions.

### Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Jordan F Karp, MD	Activity Director	Grant or research support-Janssen (Any division) Advisor-AifredHealth Membership on Advisory Committees or Review Panels, Board Membership, etc.-Biogen (Relationship has ended) Advisor-Otsuka America Pharmaceutical, Inc. Advisor-Janssen (Any division) - 11/07/2024
Derek Paul, MD	Planning Committee Member	Nothing to disclose - 11/01/2024

Ian Kratter, MD, PhD	Faculty	Employment-Soneira Inc, PBC Stocks or stock options, excluding diversified mutual funds-Soneira Inc, PBC Paid consultant-Neuralink Corp - 02/18/2025
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