

Ophthalmology Grand Rounds 2025

That's A TEN Out Of Ten In My Eyes: Ocular Manifestations and Management of SJS/TEN Topic: Stevens-Johnson Syndrome (SJS) and Toxic Epidermal Necrolysis (TEN)

December 17, 2025 – 7:00 AM

Other

Overall Activity Objectives:

- 1 Diagnose complex ophthalmic conditions using the latest diagnostic technologies.
- 2 Perform advanced surgical procedures with increased precision and confidence.
- 3 Manage a wide range of ocular diseases with updated treatment protocols.
- 4 Screen patients effectively for early signs of eye diseases and conditions.
- 5 Counsel patients on the best practices for eye health and post-surgical care.
- 6 Implement evidence-based practices in daily clinical work.
- 7 Utilize new diagnostic tools and equipment proficiently.
- 8 Evaluate patient outcomes to continuously improve treatment strategies.
- 9 Collaborate effectively with multidisciplinary teams in patient care.
- 10 Educate patients about preventive eye care and lifestyle adjustments.
- 11 Interpret the results of advanced imaging studies accurately.
- 12 Administer the latest pharmaceutical treatments for various eye conditions.
- 13 Develop personalized treatment plans based on the latest clinical guidelines.
- 14 Conduct comprehensive eye examinations with enhanced skill.
- 15 Integrate new research findings into clinical practice.
- 16 Recognize and address complications promptly and effectively.
- 17 Enhance surgical techniques through hands-on practice and feedback.
- 18 Apply critical thinking to solve complex clinical cases.
- 19 Mentor junior residents and colleagues in the latest ophthalmic practices.
- 20 Advocate for patients' eye health and access to the latest treatments.

Session Objectives:

- 1 Describe the underlying pathophysiology of Stevens-Johnson Syndrome (SJS) and Toxic Epidermal Necrolysis (TEN).
- 2 Identify the most common etiologies and precipitating factors associated with SJS/TEN.
- 3 Distinguish between SJS and TEN based on clinical severity, extent of epidermal detachment, and diagnostic criteria.
- 4 Recognize the systemic manifestations associated with SJS/TEN.
- 5 Diagnose the ocular manifestations of SJS/TEN.
- 6 Provide daily, non-surgical ophthalmic management for patients with ocular involvement from SJS/TEN, with specific attention to prevention of symblepharon formation and ongoing assessment of corneal integrity.
- 7 Manage corneal epithelial defects in SJS/TEN using non-surgical treatment modalities.
- 8 Manage ocular complications of SJS/TEN that require surgical intervention.
- 9 Manage the long-term ocular sequelae of SJS/TEN, including chronic surface disease, scarring, and visual rehabilitation needs.

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Todd W Altenbernd, MD	Planning Committee Member	Nothing to disclose - 10/30/2025
Elham Ghahari, MD	Activity Director	Nothing to disclose - 10/27/2025
Jonathan Holmes, MD	Planning Committee Member	Nothing to disclose - 10/16/2025
Angela M Ngo, MD	Faculty	Nothing to disclose - 12/12/2025



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