



# **Department of Medicine Grand Rounds**

## Friday, September 13, 2024 8:00 - 9:00 AM (AZ Time) B-UMCP, LL2 – Medical Education Amphitheater

Dr. Givens will be presenting in-person

## **Navigating Emotional Labor:**

### The Experience of Women of Color Professionals at Medical Schools



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#### Objectives:

- 1. Define Emotional Labor Explore the concept of emotional labor and its intersection with race and gender, specifically within the context of U.S. medical schools.
- 2. Identify the Challenges Discuss the unique challenges women of color professionals face, such as microaggressions, racialized emotions, and the pressure to contribute to DEI initiatives.
- 3. Examine Coping Strategies Highlight how women of color in leadership navigate emotional labor and how these strategies reflect broader organizational dynamics in medical schools.
- 4. Propose Systemic Solutions Offer recommendations to medical schools on how to formally recognize and address the emotional labor performed by women of color professionals, including policy changes and support mechanisms.

This session will be open to clinicians, residents, students and all others.

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and University of Arizona College of Medicine - Phoenix The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Emily Mallin, MD	Activity Director	Nothing to disclose - 02/08/2024
Raquel Givens, PhD	Faculty	Nothing to disclose - 09/05/2024