

Maternal Mental Health and Wellness

November 26, 2024 – 12:00 PM
Sirene Lipschutz, MSW:

Online

Overall Activity Objectives:

- 1 Recognize the signs of maternal mental health struggles.
- 2 Understand stigma and fear related to maternal mental health and how this may present in Native American families.
- 3 Identify skills and resources to reduce stress for new parents.
- 4 Describe how your education can impact your community.

Accreditation Statement:

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Stephen A Klotz, MD	Activity Director	Nothing to disclose - 01/04/2024
Sirene Lipschutz, MSW	Faculty	Nothing to disclose - 10/14/2024



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