Banner Sports Medicine Core Lecture Series 2024

Banner Sports Medicine Core Lecture Series 2024 - 11/22/2024 November 22, 2024 - 10:00 AM Other

Overall Activity Objectives:

- 1 Identify common sports medicine diagnoses, which may require hospitalization, including prehospitalization work-up.
- 2 Interpret common musculoskeletal radiographs.
- 3 Recognize, describe, and manage various fractures: simple, stable, closed and nondisplaced.
- 4 Diagnose and manage various musculoskeletal sprains and strains.
- 5 Reproduce appropriate diagnostic work up and management of the following sports medicine diagnosis:
- a. Fractures, b. Meniscal tears, c. Recurrent dislocations (e.g. shoulder, patella).
- 6 Evaluate and manage various sports medicine emergencies: a. Acute Compartment Syndrome, b. Hip Dislocation, c. Knee Dislocation, d. Pelvis Fracture, e. Cervical Spine Fracture, f. Cord Injury. 7 Employ appropriate use of pharmacologic treatments.

Session Objectives:

- 1 Understand use of common supplements and nutrition support strategies for athletes
- 2 Review common spinal injuries and appropriate management
- 3 Discuss appropriate rehab for visual disfunction in athletes after concussion
- 4 review common rheumatologic diseases in athletes
- 5 discuss throwing mechanics and common throwing injuries in the overhead athlete 1

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Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Banner Health Sports Medicine The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 2.00 *AMA PRA Category 1 Credit*(s) $^{\text{TM}}$. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities

(commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Steven M Erickson, MD, FACP	Activity Director, Faculty	Nothing to disclose - 11/12/2024
Evan Werk, MD	Co-Director, Faculty	Nothing to disclose - 10/30/2024
John Sollenberger, DO	Faculty	Nothing to disclose - 05/28/2024
Jacquelin D Fryer, RD, CSCS	Faculty	Other: Affiliate -Thorne Dietary Supplements Other: Affiliate-Full Script Other: Affiliate-Vital Body Dietary Supplement - 11/19/2024

