

# **Banner Sports Medicine Core Lecture Series 2024**

## **Banner Sports Medicine Core Lecture Series 2024 - 9/27/2024**

**September 27, 2024 – 10:00 AM  
Other**

### **Overall Activity Objectives:**

- 1 Identify common sports medicine diagnoses, which may require hospitalization, including pre-hospitalization work-up.
- 2 Interpret common musculoskeletal radiographs.
- 3 Recognize, describe, and manage various fractures: simple, stable, closed and nondisplaced.
- 4 Diagnose and manage various musculoskeletal sprains and strains.
- 5 Reproduce appropriate diagnostic work up and management of the following sports medicine diagnosis:
  - a. Fractures, b. Meniscal tears, c. Recurrent dislocations (e.g. shoulder, patella).
- 6 Evaluate and manage various sports medicine emergencies: a. Acute Compartment Syndrome, b. Hip Dislocation, c. Knee Dislocation, d. Pelvis Fracture, e. Cervical Spine Fracture, f. Cord Injury.
- 7 Employ appropriate use of pharmacologic treatments.

### **Session Objectives:**

- 1 Understand how to appropriately maintain good hydration and electrolyte balance during sports
- 2 understand injury patterns that are common in running athletes
- 3 Review appropriate methods, practices, and ethical issues that are common in clinical research
- 4 Review appropriate management of diabetes in athletes

### **Accreditation Statement:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Banner Health Sports Medicine. The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 2.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Relevant Financial Relationships Statement(s):**

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities

(commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Steven M Erickson, MD, FACP	Activity Director, Faculty	Nothing to disclose - 01/09/2024
Cody Petrie, MD	Faculty	Nothing to disclose - 03/18/2024
Rachel Sweenie, PhD	Faculty	Nothing to disclose - 08/06/2024
Evan Werk, MD	Co-Director	Nothing to disclose - 11/21/2023
Jacquelin D Fryer, RD, CSCS	Faculty	Other: Affiliate -Thorne Dietary Supplements Other: Affiliate-Full Script  Other: Affiliate-Vital Body Dietary Supplement - 08/08/2024



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