

Banner Sports Medicine Core Lecture Series 2024

Banner Sports Medicine Core Lecture Series 2024 - 5/3/2024

**May 10, 2024 – 10:00 AM
Other**

Overall Activity Objectives:

- 1 Identify common sports medicine diagnoses, which may require hospitalization, including pre-hospitalization work-up.
- 2 Interpret common musculoskeletal radiographs.
- 3 Recognize, describe, and manage various fractures: simple, stable, closed and nondisplaced.
- 4 Diagnose and manage various musculoskeletal sprains and strains.
- 5 Reproduce appropriate diagnostic work up and management of the following sports medicine diagnosis:
 - a. Fractures, b. Meniscal tears, c. Recurrent dislocations (e.g. shoulder, patella).
- 6 Evaluate and manage various sports medicine emergencies: a. Acute Compartment Syndrome, b. Hip Dislocation, c. Knee Dislocation, d. Pelvis Fracture, e. Cervical Spine Fracture, f. Cord Injury.
- 7 Employ appropriate use of pharmacologic treatments.

Session Objectives:

- 1 Review ECG interpretation in athletes including Seattle criteria
- 2 Review recent evidence based article
- 3 Review exercise physiology in athletes including VO₂ max testing and lactate threshold
- 4 Review spectrum of core muscle injury in athletes
- 5 Understand evaluation and treatment of common eating disorders experienced by athletes including implications for sport

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Arizona College of Medicine - Tucson and Banner Health Sports Medicine. The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this Live Activity for a maximum of 2.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement(s):

University of Arizona College of Medicine - Tucson Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible entities

(commercial interests). All relevant financial relationships have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Steven M Erickson, MD, FACP	Activity Director, Faculty	Nothing to disclose - 01/09/2024
Evan Werk, MD	Co-Director, Faculty	Nothing to disclose - 11/21/2023
Sierra K Dimberg, PhD	Faculty	Nothing to disclose - 04/15/2024

