Peds in the Desert CME Conference
Saturday, April 18th, 2026
8:00 AM – 4:00 PM

Environment and Natural Resources 2 (ENR2)
1064 E. Lowell Street
Tucson, AZ 85719

7:45 am - 8:00 am	**Breakfast Spread with Coffee and Tea**	
8:00 am 8:10 am	Welcome from the Pediatric Department Head	**Lisa Chamberlin, MD, MPH** Department Head, Pediatrics Director, Steele Children's Research Center Professor, General Pediatrics Department of Pediatrics, The University of Arizona College of Medicine - Tucson
8:10 am - 9:10 am	Pediatric Anxiety and Depression: Treatment Strategies	**Jacquelin Esque, MD** Assistant Clinical Professor, Psychiatry Clinical Director, Arizona Pediatric Psychiatry Access Line Department of Pediatrics, The University of Arizona College of Medicine - Tucson
9:10 am - 10: 10 am	Expanding Access to Pediatric Genetic Testing	**Maureen Galindo, PhD** Genetic Nurse Navigator Department of Psychiatry, The University of Arizona College of Medicine - Tucson
10:10 am - 10:25 am	**Break with Coffee and Tea**	
10:30 - 11:30 am	Beyond Scoliosis: Critical Pediatric Spine Disorders and Modern Management	**Abduljabbar Alhammoud, MD** Clinical Assistant Professor, Orthopedics – Spine Program Director Spine Surgery Fellowship Department of Orthopaedic Surgery, The University of Arizona College of Medicine - Tucson
11:30 am - 12:30 pm	Reframing the Conversation: Weight-Neutral Care for Children and Adolescents	**Lucille Cooke, MS, RD, CSP** Outpatient Senior Registered Dietician Banner Health University Medical Center Jori Galles, BS, RD Banner Health University Medical Center
12:30 PM - 1:15pm	**Break with Lunch Provided**	
1:15 pm - 1:30 pm	Department Updates	**Wayne Morgan, MD, CM** Professor of Pediatric and Physiology Pediatric Pulmonary and Sleep Medicine Department of Pediatrics, The University of Arizona College of Medicine - Tucson
1:30 pm - 2: 00 pm	Spirometry Theory - Group A	**Wayne Morgan, MD, CM** Professor of Pediatric and Physiology Pediatric Pulmonary and Sleep Medicine Department of Pediatrics, The University of Arizona College of Medicine - Tucson
1:30 pm - 2: 00 pm	Spirometry Hands on Workship Group B	**Darcie Revay, CPFT** Clinical Research Coordinator Department of Pediatrics, The University of Arizona College of Medicine - Tucson **Heather Cassell, MD** Clinical Associate Professor, Pediatric Allergy & Immunology Department of Pediatrics, The University of Arizona College of Medicine - Tucson

2:00 pm - 2:30 pm	Spirometry Theory - Group B	**Wayne Morgan, MD, CM** Professor of Pediatric and Physiology Pediatric Pulmonary and Sleep Medicine Department of Pediatrics, The University of Arizona College of Medicine - Tucson
2:00 pm -2: 30 pm	Spirometry Hands on Workship Group A	**Darcie Revay, CPFT** Clinical Research Coordinator Department of Pediatrics, The University of Arizona College of Medicine - Tucson **Heather Cassell, MD** Clinical Associate Professor, Pediatric Allergy & Immunology Department of Pediatrics, The University of Arizona College of Medicine - Tucson
3:00 pm - 4:00 pm	Food Allergy-Beyond Early Introduction	**Heather Cassell, MD** Clinical Associate Professor, Pediatric Allergy & Immunology Department of Pediatrics, The University of Arizona College of Medicine - Tucson **Jelena Eremija, MD** Asst. Professor, Pediatric Allergy & Immunology & Rheumatology – Clinical Scholar Track Department of Pediatrics, The University of Arizona College of Medicine - Tucson

Outcome Objectives

- Implement evidence-based guidelines for genetic diseases.
- Assess current practices and apply new techniques to improve the quality of care of pulmonology patients.
- Counseling patients and families on updates to pediatric nutritional guidelines.
- Implement new updates in orthopedic surgery.
- Identify pediatric dermatology conditions and incorporating into practice updates on laser therapy.
- Identify and treat pediatric patients with psychological disorders.

Accreditation / Credit Designation Statement

The University of Arizona College of Medicine - Tucson is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Arizona College of Medicine - Tucson designates this live activity for a maximum of 6.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Relevant Financial Relationships Statement

University of Arizona College of Medicine - Tucson Office of Continuing Medical Education adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies (commercial interests). The CME office reviewers have nothing to disclose. All relevant financial relationships have been mitigated prior to the commencement of the activity.

Dr. Cassell has disclosed: Grant or research support-DBV Technologies|Grant or research support-Allergy Therapeutics|Grant or research support-Stiolta. Dr. Morgan has disclosed: Grant or research support-OM Pharma.

All other individuals in a position to control the content of this CME activity have disclosed that they have no relevant financial relationships with ineligible companies that would constitute a conflict of interest concerning this CME activity.

CME Certificate Information

To receive a CME certificate, read/follow the instructions in the email you will receive from the UArizona CloudCME system (OR, sign into your account at https://cme.arizona.edu and go to MyCME > Evaluations and Certificates). After completing the evaluation, you will be able to view/print/download a CME certificate.

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